NYS Travel Restrictions UPDATE November 5, 2020

Per https://coronavirus.health.ny.gov/covid-19-travel-advisory

- No more travel list
- For any travel, other than to contiguous states, the below applies. However, the traveler (employees and students) has a choice to follow the below requirements to end quarantine early or quarantine for 14 days.
  - Contiguous states are exempt (Pennsylvania, New Jersey, Connecticut, Massachusetts, Vermont)
- For all travelers who were in another state for more than 24 hours, must be tested before and after arriving in NYS:
  - Travelers must obtain a test within three days of departure from that state.
  - The traveler must fill out the NYS Traveler Health Form upon entry into New York.
  - The traveler must, upon arrival in New York, quarantine for three days.
  - On day 4 of their quarantine, the traveler must obtain another COVID test. If both tests come back negative, the traveler may exit quarantine early upon receipt of the second negative diagnostic test.
- For travelers who were in another state for less than 24 hours:
  - The traveler does not need a test prior to their departure from the other state, and does not need to quarantine upon arrival in New York State.
  - However, the traveler must fill out the NYS Traveler Health Form upon entry into New York State, and take a COVID diagnostic test 4 days after their arrival in New York.

Local health departments will validate tests, if necessary, and if a test comes back positive, will issue isolation orders and initiate contact tracing. The local health department must make contact with the state the traveler came from, to ensure contact tracing proceeds there as well. All travelers must continue to fill out the NYS Traveler Health Form upon arrival into New York State to contribute to New York State's robust contact tracing program.

The travel guidelines require all New Yorkers, as well as those visiting from out of state, to take personal responsibility for compliance in the best interest of public health and safety.

## Examples

- 1. Traveler travels to Florida over Thanksgiving break and spends 3 days. What does the traveler need to do before returning to work?
  - a. Traveler must get tested in Florida before departure, but no more than 3 days before departure

- b. When return to NYS, traveler must fill out the NYS Traveler Health Form, quarantine for 3 days and get another test on day 4 of quarantine
- c. If **both** tests are negative, the traveler can return to work
- d. If **both** tests are **not** negative, the traveler must remain in quarantine for the remainder of the 14 days from their return to NYS
  - i. Traveler would remain out and be eligible to receive FFCRA paid leave until both tests come back negative or the conclusion of the 80 hours, if telework is unavailable
- e. If the traveler refuses to get tested or the traveler did not take one of the required 2 tests, the traveler would remain out for the remainder of the 14 days and be eligible for FFCRA paid leave if telework is unavailable
- 2. Traveler travels to Pennsylvania over Thanksgiving break and spends 3 days. What does the traveler need to do before returning to work?
  - a. The travel restrictions do not apply because Pennsylvania is a contiguous state and the traveler can return to work immediately
- 3. Traveler travels to Ohio over Thanksgiving break and spends less than 24 hours. What does the traveler need to do before returning to work?
  - a. Upon entry, traveler must fill out the NYS Traveler Health Form and then take a COVID test on the 4<sup>th</sup> day after return to NYS
    - i. The traveler does not need to quarantine upon arrival for the first 3 days
  - b. If the traveler refuses to get tested on day 4, the traveler would remain out for the remainder of the 14 days and be eligible for FFCRA paid leave if telework is unavailable

**Note**: Travelers that voluntarily travel to high-risk areas are ineligible for NYS COVID leave, but would still be eligible for federal FFCRA leave if the traveler cannot telework.

**Note**: If the traveler does not follow the requirements or refuses testing, the traveler must remain quarantined for 14 days.